



# Post-Partum Care: Home Visits



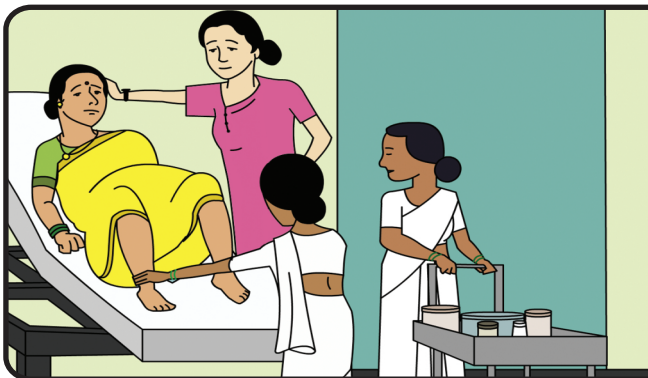
The ASHA must make regular home visits as described below.

During your visits, advise the mother on the need for adequate rest and nutrition. Make sure the newborn is being kept warm and breastfed exclusively. Also look for early signs of sepsis or other illnesses in the baby and post delivery complications in the mother.

## For normal babies



If baby is born at home:  
ASHA must be present during birth or visit within one hour of birth.

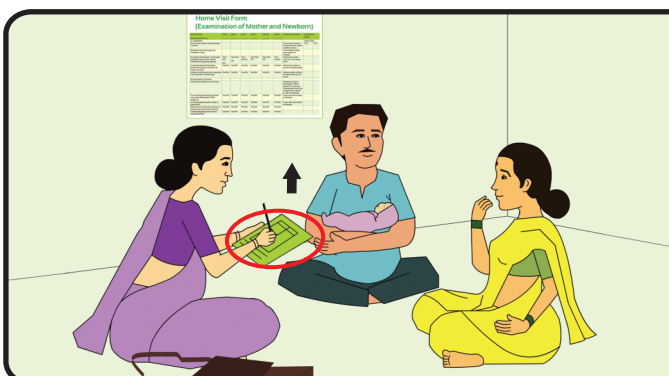


If baby is born in hospital:  
ASHA must try to be present and support mother.



In all cases ASHA must visit the new mother and baby on the following days after baby's birth:

Days 3, 7, 14, 21, 28, 42, then once every two weeks until the baby is two years old.



Remember to fill the home visit form.