



Using the Mucus Extractor



Place the baby in the proper position, dry and cover with a folded towel under her shoulders. The baby's head should be slightly extended.



Take the mucus extractor out of the sterile wrapper.



Place tube with the mouth piece in your mouth. Hold the other tube in your hand at least one hand's length from the tip.



Place finger length of clear tubing in baby's mouth and suck for a few seconds, moving tip around mouth to clear secretions.

If baby cries and breathes normally, stop. If not, proceed with the next step.



Mucus Extractor



Insert the tube no further than your index finger into the baby's throat, and gently suck out any secretions.

If baby cries and breathes normally, stop. If not, proceed with the next step.



Remove clear tubing from baby's throat and mouth and place tip into one nostril and gently suck. Repeat with other nostril.



When resuscitation is finished, dispose mucus extractor (do not reuse).