



# INNOVATION UNDER HEALTH SYSTEM STRENGTHENING AND COMPREHENSIVE PRIMARY HEALTHCARE

## "Health And Wellness Center For Improving The Healthcare Delivery Service In UT Chandigarh"



### INTRODUCTION

In February 2018, the Government of India's announced the creation of 1,50,000 Health and Wellness Centres (HWCs) by transforming existing Sub Centres and Primary Health Centres as the base pillar of Ayushman Bharat. These centres would deliver Comprehensive Primary Health Care (CPHC) bringing healthcare closer to the homes of people covering both maternal and child health services and non-communicable diseases, including free essential drugs and diagnostic services. The Health & Wellness Centres Concept has been launched in U.T. Chandigarh during 2018-19. The concept of Health & Wellness Centre is to provide a basket of comprehensive health services to the beneficiary. Keeping in view of the promotive, preventive and curative health care.

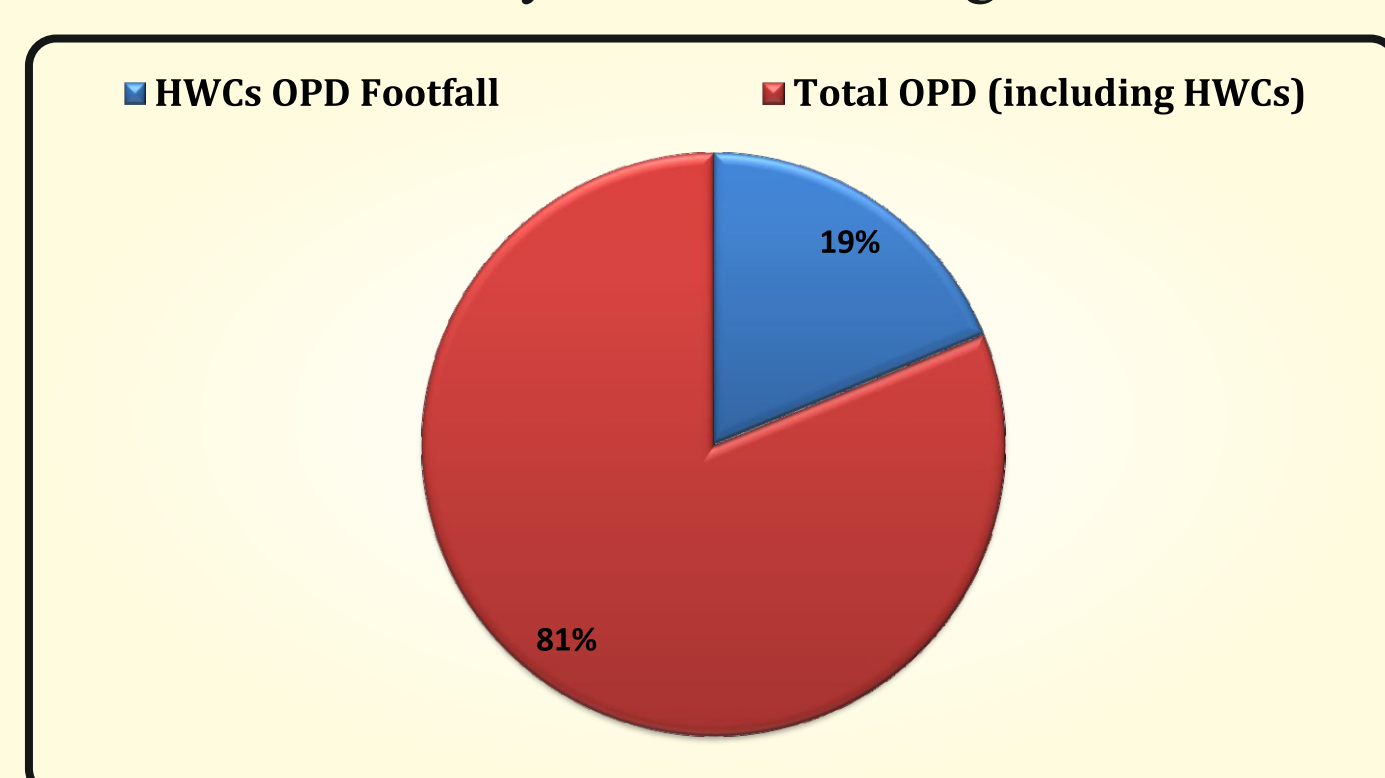
### BRIEF OF ACTIVITIES AND INNOVATIONS IN HWCs

➤ The Comprehensive Primary Health Care is being provided as per the mandate of GOL. The details of 12 comprehensive services provided in HWC of UT Chandigarh are as follows:

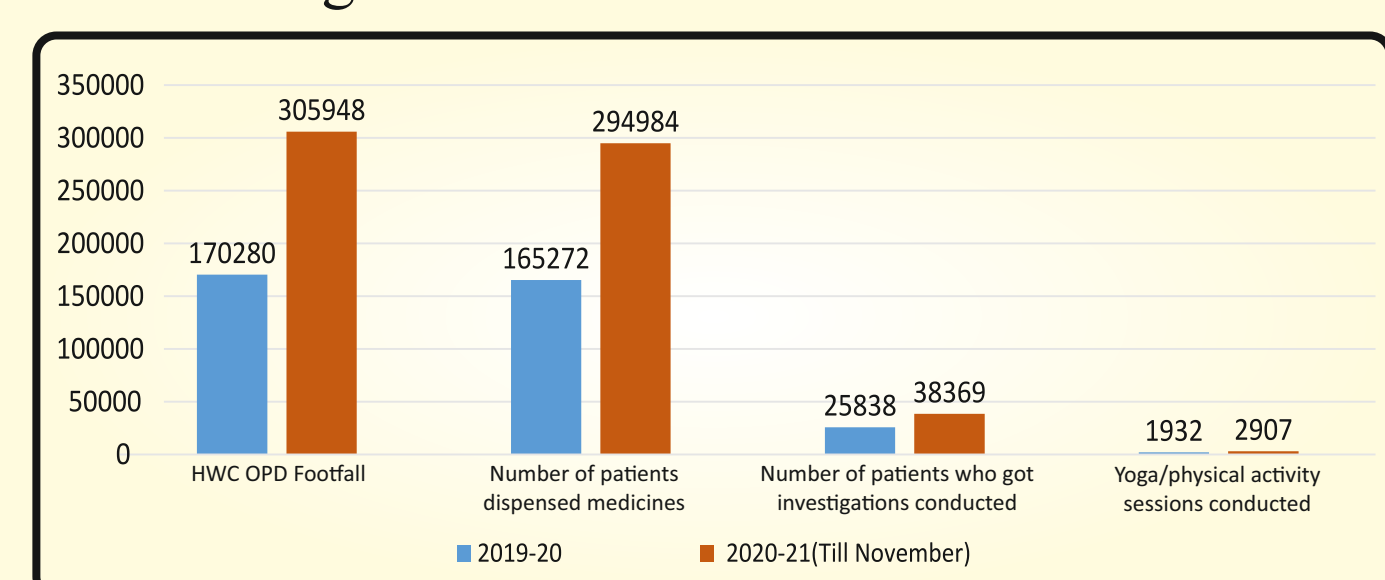
- Care in Pregnancy and child birth.
- Neonatal and Infant Health care services.
- Childhood and Adolescent Health Care Services.
- Family Planning, RCH services etc.
- Management of Communicable Diseases
- OPD services.
- Screening, Prevention, Control and Management of NCDs.
- Care of common Eye in ENT problems.
- Basic Oral Health Care.
- Geriatric Health Care.
- Screening and basic management of Mental Health Ailments.
- Yoga services.

### ➤ Service delivery statistics / Data representation for HWCs

(a) Contribution of HWCs against total OPD service delivery in U.T. Chandigarh

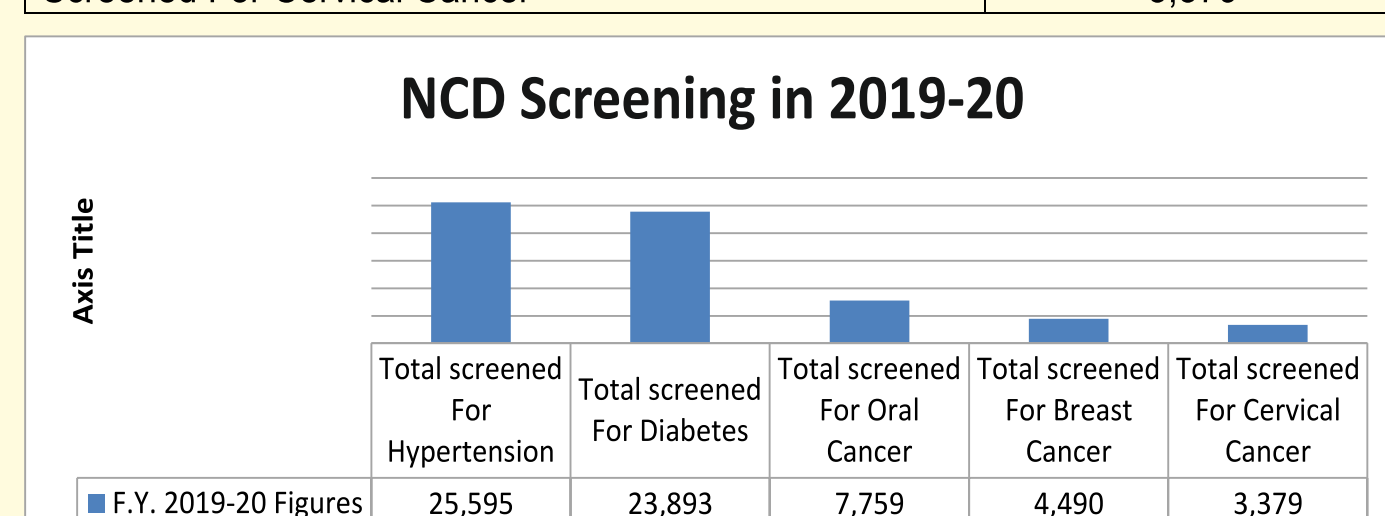


(b) Yearwise Healthcare service of HWCs in U.T. Chandigarh.

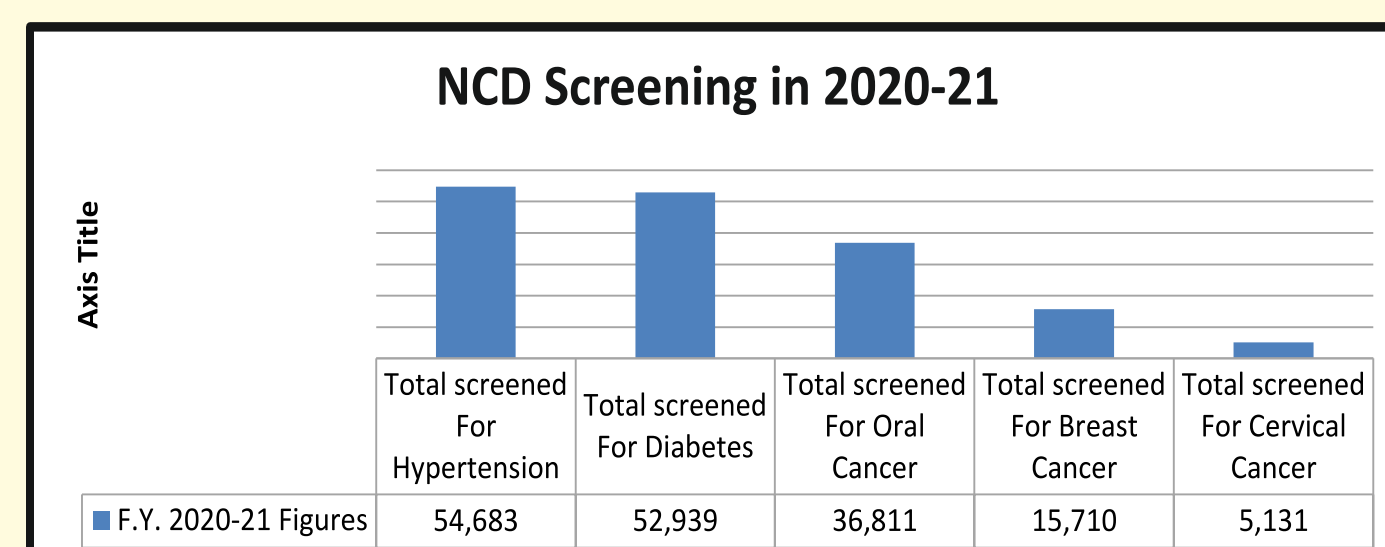


(c) NCD Screening in HWC

NCD Screening in 2019-20	
Indicators	Figures
Screened For Hypertension	25,595
Screened For Diabetes	23,893
Screened For Oral Cancer	7,759
Screened For Breast Cancer	4,490
Screened For Cervical Cancer	3,379

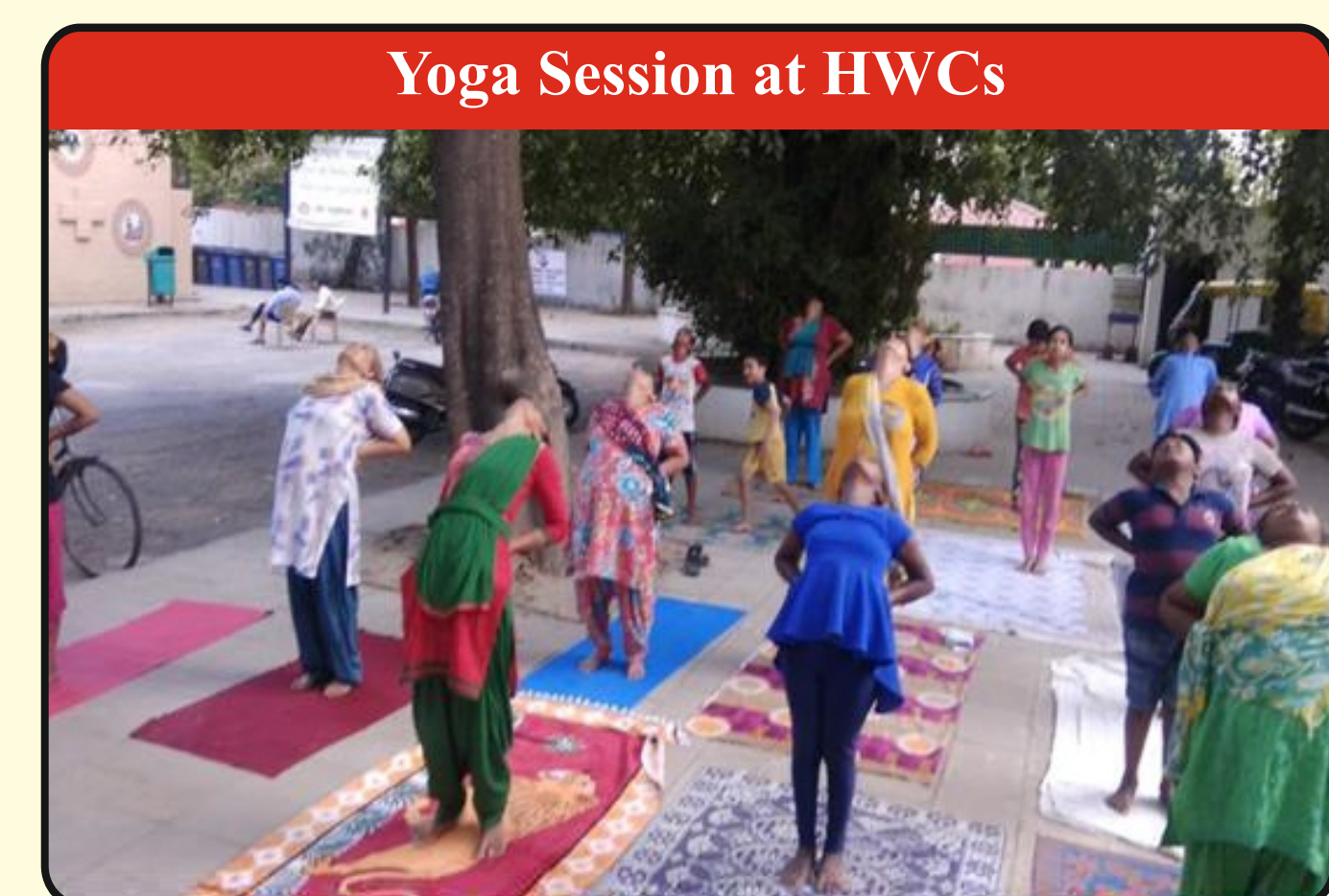


NCD Screening in 2020-21	
Indicators	Figures
Screened For Hypertension	54,683
Screened For Diabetes	52,939
Screened For Oral Cancer	36,811
Screened For Breast Cancer	15,710
Screened For Cervical Cancer	5,131



➤ The Yoga Services are provided uniformly at all HWCs on daily basis with the convergence of with Govt Yoga college, Chandigarh.

- Yoga Services are being provided at all HWCs to the beneficiaries by a regular Yoga Instructor (In collaboration with National AYUSH Mission) from Govt. College of Yoga.
- The services are being availed in large numbers by the residents on daily basis.



➤ Restructuring of RBSK & RSKS Programme.

### ➤ Objectives

- Chandigarh will attempt in converting all its Allopathic health facilities into Health and Wellness Centers by the end of the next financial year whereby we shall be providing AYUSH and Dental services mandatorily.
- A package of comprehensive health services as per the mandate of Govt. of India are available in all HWCs.
- In all the Allopathic dispensaries there is availability of existing MBBS Doctors with an optional Dental Surgeon/AYUSH Medical Officer at some dispensaries.
- As per the mandate of HWC all the services i.e. Allopathy, Dental and AYUSH are to be provided at each Health & Wellness Centre, the placements of the Doctors i.e. Dental and AYUSH Doctors is being undertaken by placing the RBSK Doctors (Dental & AYUSH) as per the deficiency at the health facility i.e. the Dental Surgeon shall be placed where there is no Dentist and AYUSH Doctor shall be placed where there are no AYUSH services.

### ➤ Advantages of Restructuring

- Will decrease the unnecessary mobility of the doctors.
- Increase the comfort and accountability of the team.
- Availability of regular services of AYUSH/Dental to the residents.
- An opportunity for the Dental & Ayush Doctors to practice their own stream of medicine.
- Easy accessibility to the Schools/Anganwadis children.
- The 'KNOW YOUR DOCTOR' concept will increase the acceptance as well as dependability levels for the Schools/Anganwadi.
- One of its kind Model under RBSK to increase efficiency as well as to give seamless services to the beneficiaries.

### ➤ Road Map initiated under Restructuring of RBSK/RKSK for ensuring the services:

- Health Facility (The RBSK M.O shall report to the Facility Incharge).
- OPD at the Health Facility (Two hours (8:00 to 10:00 am) in summers, one hour (9:00 to 10:00 am) in winters).
- Visit to School/Anganwadi (from 10:00 am to 12:30pm/1:00pm).
- Back to Health Facility (1:00 to 2:00 pm in summers/ 1:00 to 3:00 pm in winters).
- Departure time and arrival time to be maintained in the movement register.
- Sharing of the rosters with the Anganwadis/Schools of the area.
- Prior intimation to the Principal/Teacher Incharge regarding the impending visit.
- Sharing the data regarding the children referred with the Class Teacher.
- Facilitation of services to these children at the area health facility/DEIC by coordination with the M.O I/c/ DEIC Official.
- Follow up of the referred children after the consultations/advised treatment etc.
- Display of 'KNOW YOUR DOCTOR' name & contact number in the Schools/Anganwadis.
- Monthly meeting with the Teacher incharge/Anganwadi Worker regarding the health status of the children in school/anganwadi of the area.
- In case of taking a leave, information shall be given to the M.O I/c of the health facility as well as to the Programme Officer-RBSK/RKSK.

### ➤ A daily reporting Whatsapp format having information of:

- School/Anganwadi visited.
- Area.
- Time of Arrival.
- Name of Teacher Incharge.
- Number of children examined.
- Number of children referred.
- Any Special Mention.
- Time of Departure shall be filled by each Medical Officer(RBSK) and shared with the Programme Officer-RBSK/RKSK.
- This initiative will help the Medical Officer I/c in carrying out the objectives of all National Health Programmes.

### NCD App Training and Support Session



### Desirable Services Delivered in Field as well as in HWCs



### ➤ EAT RIGHT INDIA MOVEMENT Implemented in letter & Spirit in collaboration with FSSAI by sending Mobile Food Testing Van at various HWCs.

- The concept of right food habits for Health & Wellness of body and mind has been adopted.
- Incollaboration with FSSAI, the activity of health food has been upscaled.
- Workshops for testing of food items and detection of adulteration have been conducted at all HWCs.
- Food testing van is being stationed at all HWCs as per a roster generated by the Deptt wherein the residents can bring their food items for checking of adulteration.

### ➤ Information Communication Technology (ICT) at HWCs:

- 196 numbers of Tablets have been procured from State-budget and provided to one ANM each at all health facilities of Chandigarh.
- Tablets with GSM SIM-based internet connectivity has been provided to each Medical Officers and ANMs of HWCs for implementation of IT initiative ANMOL App, NCD App, HWC App, Swachhata App & Fit India App etc.
- All HWCs are reporting daily and monthly data on HWC portal.
- The Hardware consisting Computer, Printer and Peripherals have been installed at 10 HWCs and computerization of Health facilities under pipeline for all HWCs.

### National Dietetics Day Celebration at HWCs

