

# SUNDAY ACF BY ASHA

## Strategy to fast track ending TB process in Himachal Pradesh

### Introduction :-

- Tuberculosis is an ancient disease in India having one of the highest mortality and morbidity amongst all infectious diseases.
- National Tuberculosis Programme was started in 1962; which was revised as RNTCP in 1993 and now renamed as NTEP in 2020.
- One of the reason for delay in seeking care for TB is the lack of awareness of symptoms and lack of information about availability of diagnostic facilities.
- Delay in diagnosis has also been reported in studies(CIE and SIE report).
- Difficult terrain is also another reason for delay in health care seeking for TB diagnosis.

### Objective :-

- The major focus to fill the gap in the infrastructure, knowledge gap among general population about TB and systematic screening of population about TB symptoms on a campaign mode.

### Methodology :-

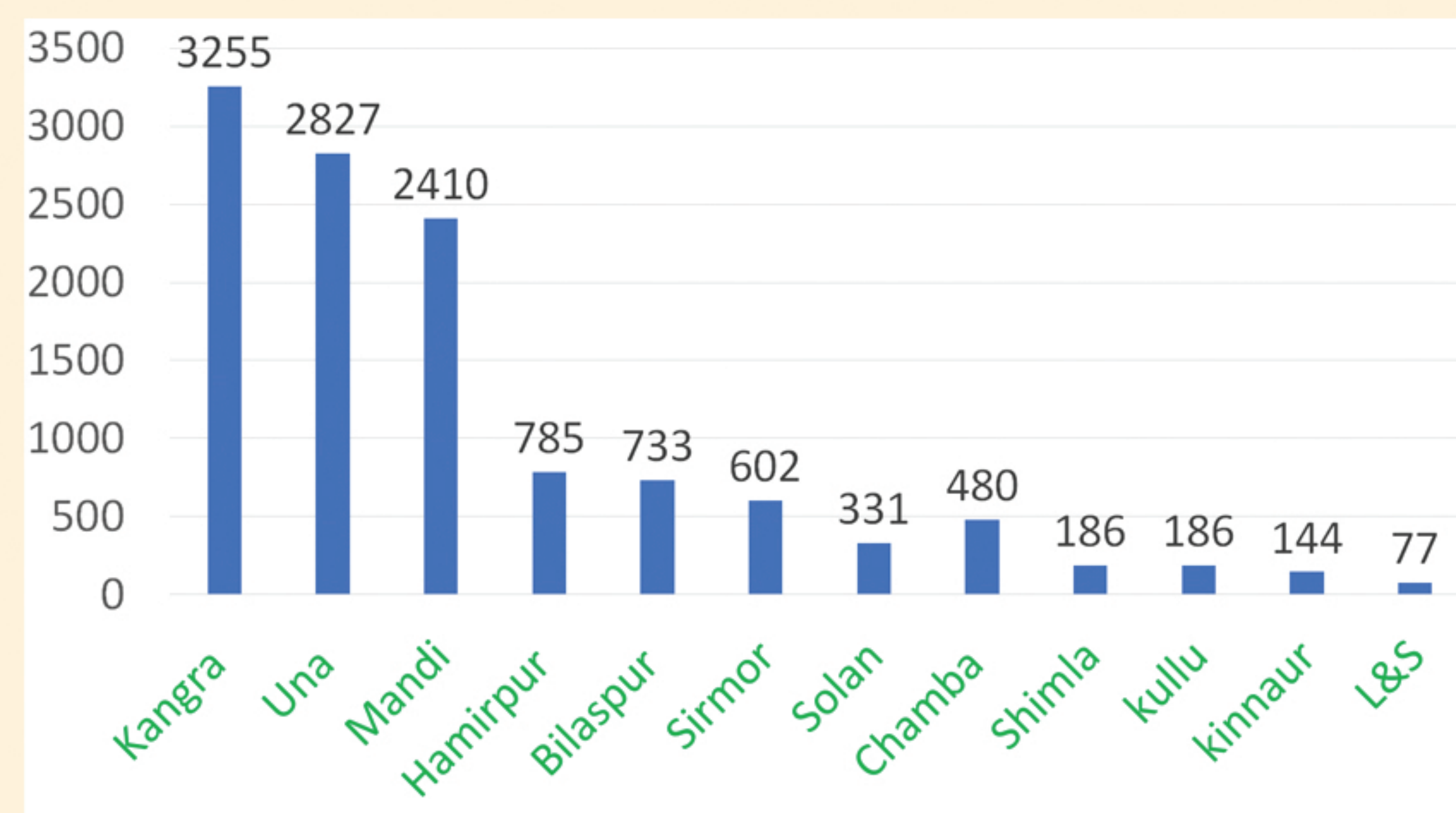
- Each ASHA covers at least 800 – 1000 population in her area.
- Each ASHA on every Sunday visits at least 20 households and screens at least 80 persons for symptoms of TB.
- Asha worker continues to conduct survey after covering the population of their area after every three months.
- ASHA also collects and transports the samples to nearest DMC.
- Rs 100 is given as honorarium to ASHA per activity day. Funds are made available from Mukhya Mantri Kshaya Rog Nivaran Yojna under State Budget.
- Rs 2 crore is provided by the State Government every year under the Mukhya Mantri Kshaya Rog Nivaran Yojna.
- NHM Himachal has signed MOU with postal department to transport sample from DMC to CBNAAT site for 100% UDST.



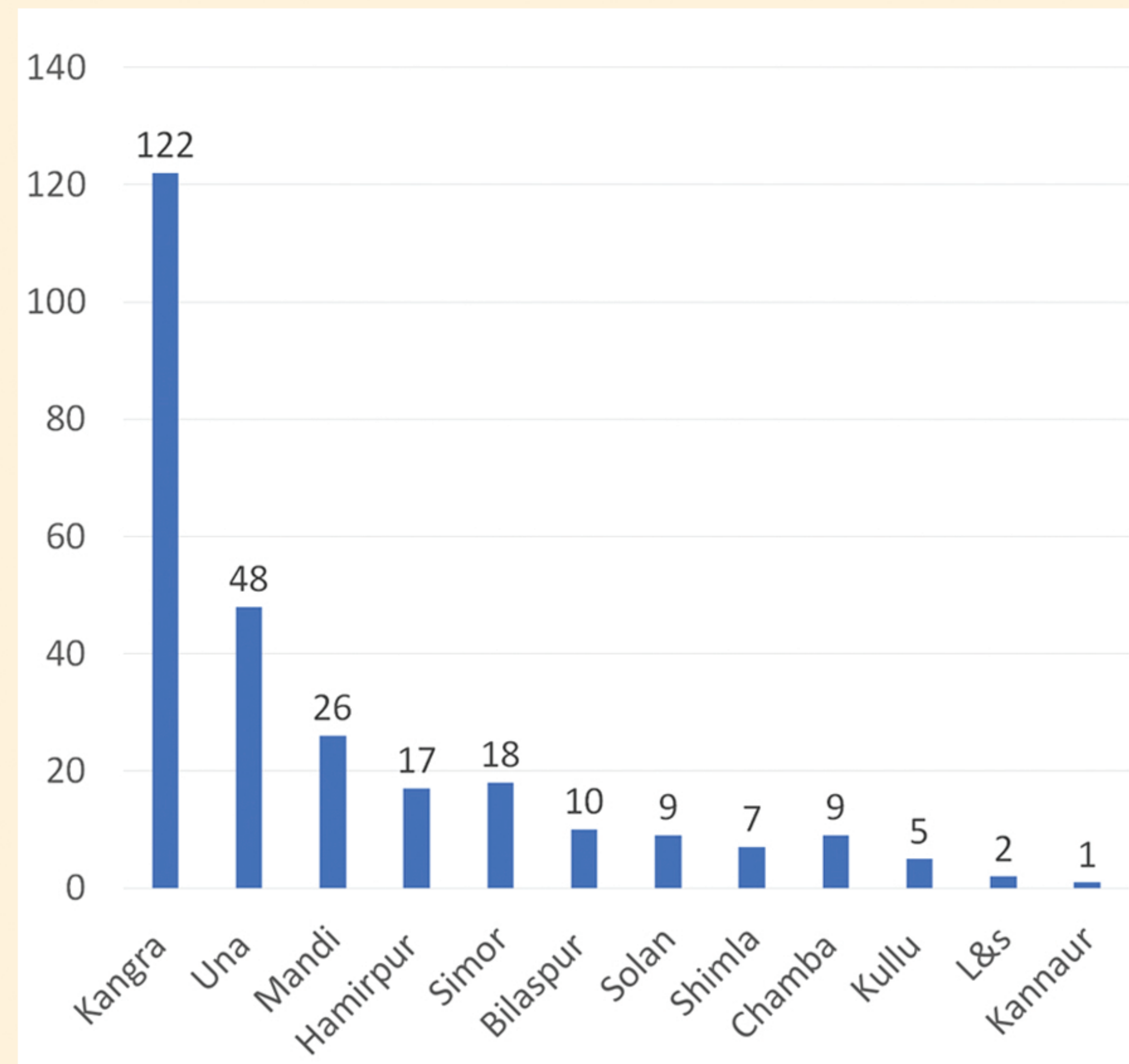
### Results :-

- In Sunday ACF 5681115 person screened by verbal screening for symptoms of tuberculosis.
- 12018 Sputum samples collected by Asha worker during Sunday ACF.
- 274 patients of tuberculosis were diagnosed in Sunday ACF campaign.

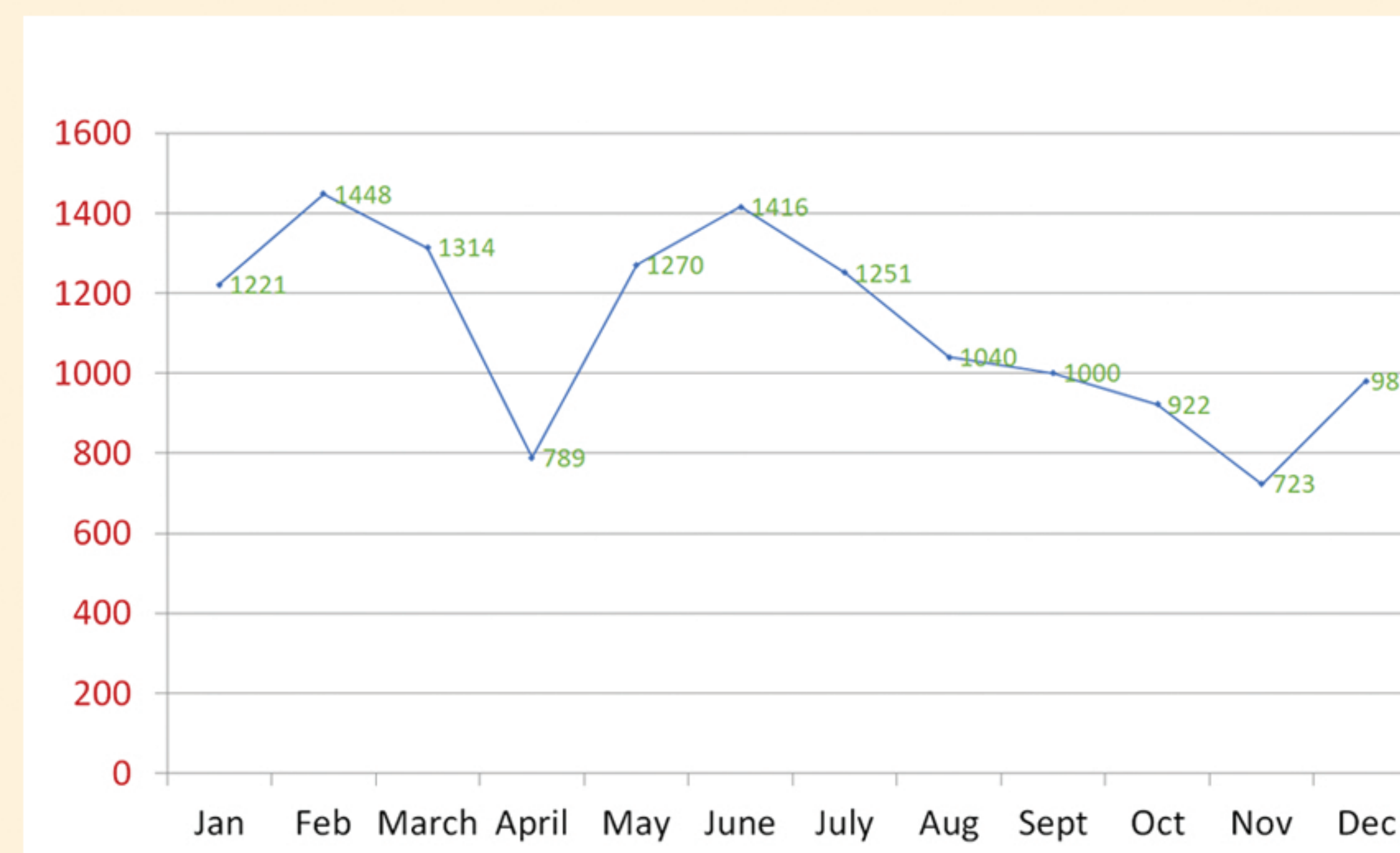
**Table 1 .Sample collected in Sunday ACF campaign**



**Table 2. Tuberculosis cases diagnosed in Sunday ACF**



**Total Cases notified in 2020**



### Conclusion :-

- ASHA during the Sunday ACF activity are also spreading awareness about the symptoms of TB disease and available diagnostic and treatment services in the public sector.
- Early detection of TB cases in the Sunday ACF activity has been effective in lowering down delay in diagnosis, cutting the chain of transmission of the disease in the family, community clinical facilities.

