



# Prevention and Management of Periodontal Conditions

For MO





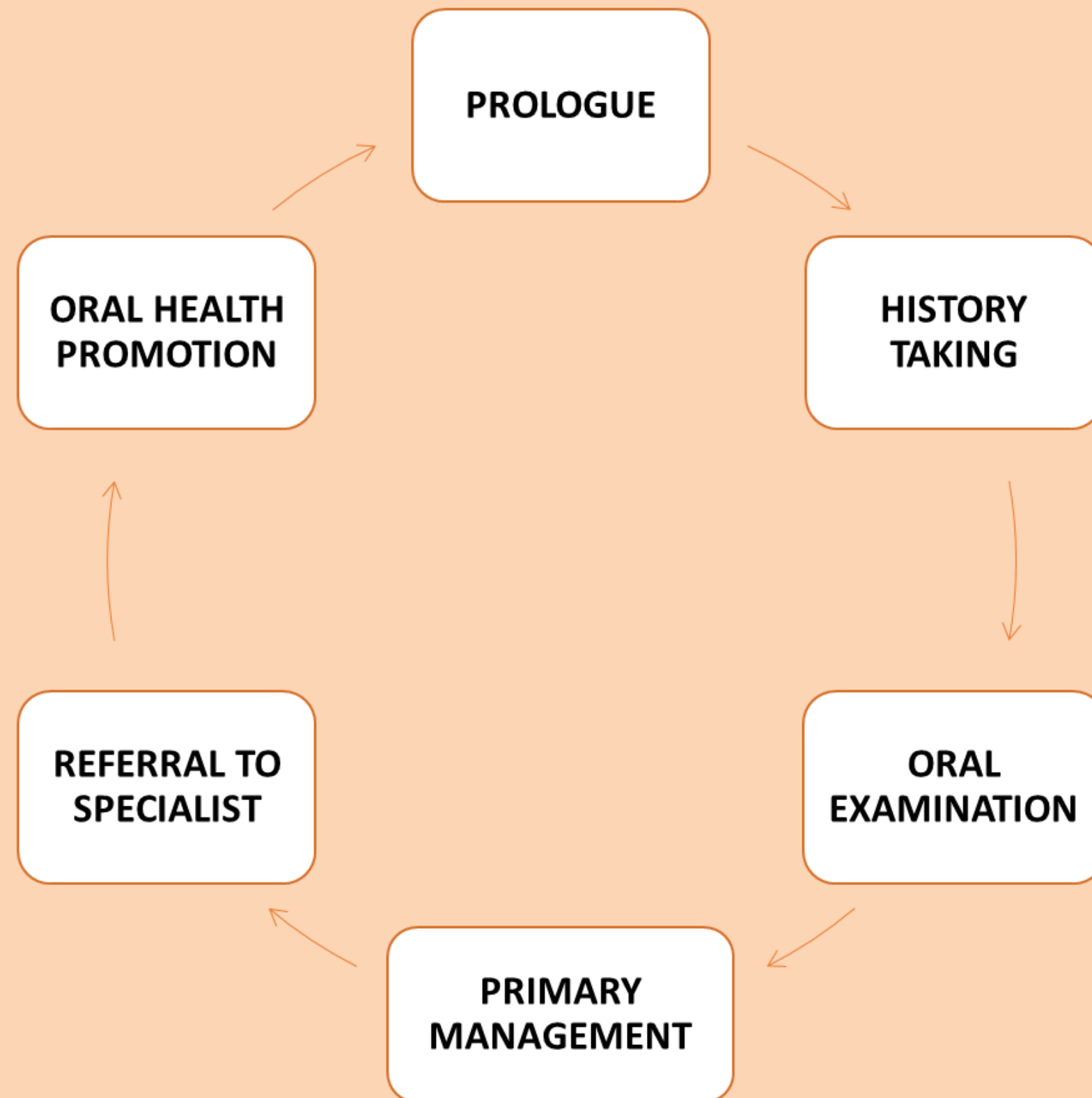
# PURPOSE

To identify Periodontal diseases, and Primary management by the Medical officers at Health & Wellness Centre





# SPECIFIC LEARNING OBJECTIVES





# COMPREHENSIVE PRIMARY HEALTH CARE

Health is multi-factorial. Interaction/interrelation between the 1, 2, and 3 is necessary to remain healthy or ill.

1. Strengthening of existing Maternal and Child health and communicable disease



2. Non-Communicable diseases, Mental health, ENT, Ophthalmology, elderly care, palliative care, and trauma care

3. Oral health,  
Comprehensive Primary Health  
Care

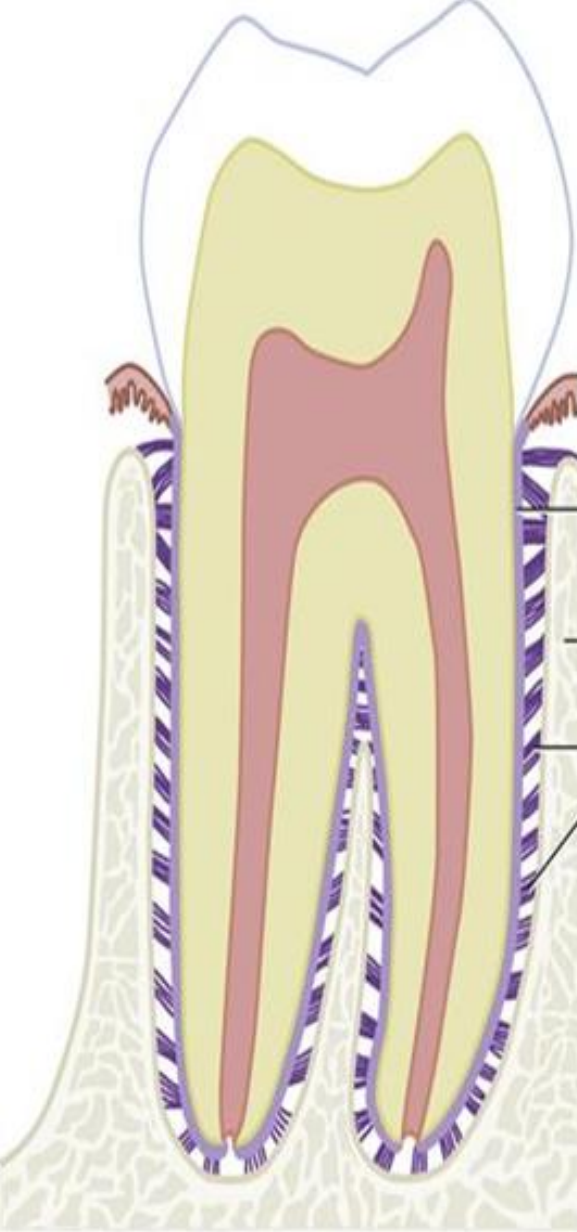


# PERIODONTAL HEALTH

- Indians have a relatively high incidence/prevalence of about 90% have gum problems
- There is also a difference in oral health status between urban and rural population, with enormous disparities in access to quality oral health care
- 19-32% of population aged more than 65 years is edentulous
- Some chronic diseases like diabetes can further have negative impact on oral health and add to the burden



# WHAT IS PERIODONTIUM?



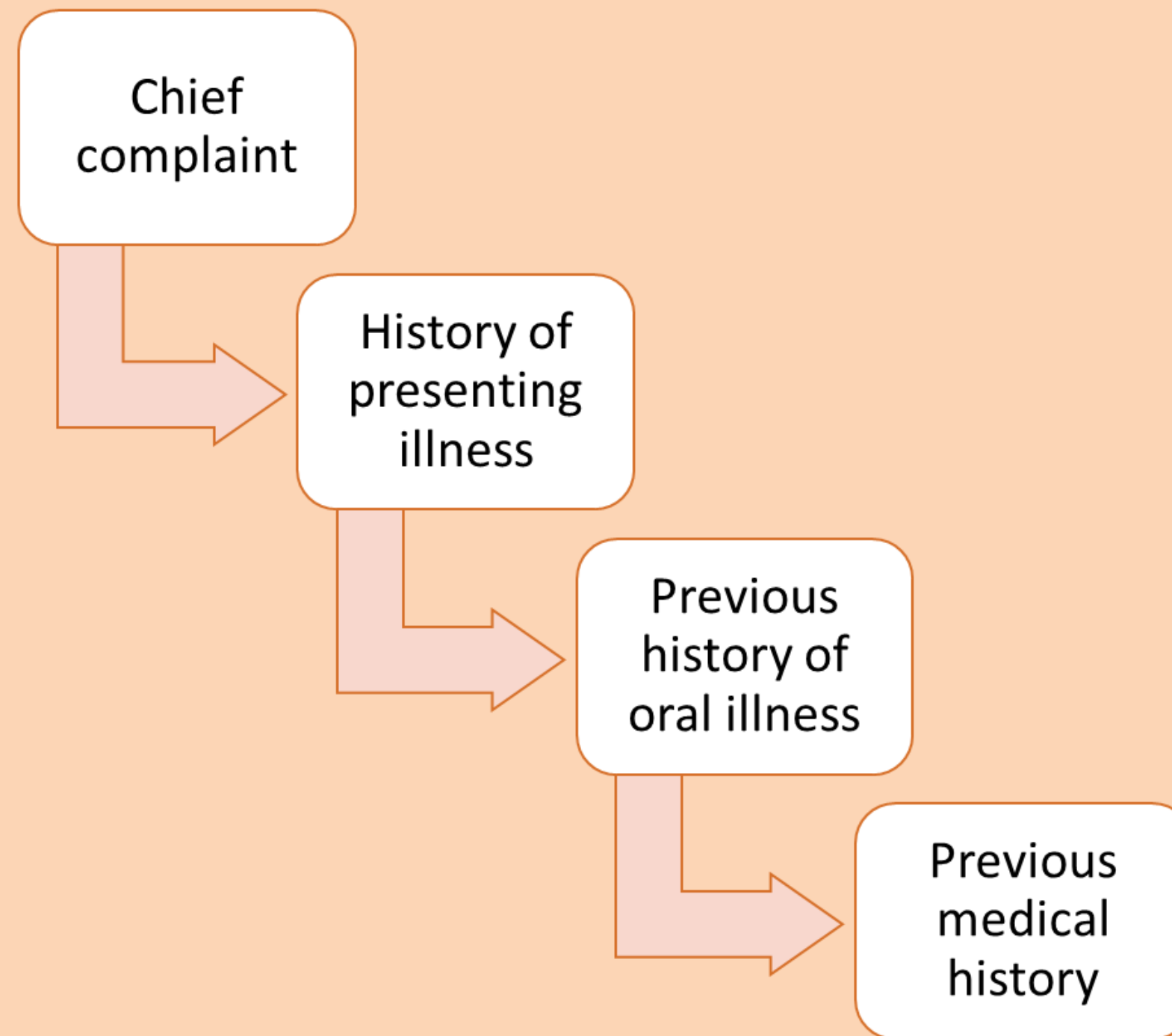


# COMMON PERIODONTAL RELATED COMPLAINTS REPORTING TO HEALTH & WELLNESS CENTRE





# HISTORY TAKING







# HISTORY TAKING FOR PERIODONTAL DISEASES



Mode of onset of disease- Sudden or Gradual

Duration of condition – Acute or Chronic

Associated with/ without pain.

Associated with any habit like smoking, gutka/ pan chewing

Oral hygiene practices- brushing frequency & material used for brushing





# ORAL EXAMINATION & MANAGEMENT OF COMMON PERIODONTAL CONDITIONS

Complaint



Oral Examination



Management



# Complaint



Stained teeth / Bad breath



# Oral Examination



- 1. Satining of teeth
- 2. Hard deposits on teeth



# Management



- 1. Oral hygiene instructions.
- 2. Recommend use of mouthwash.
- 3. Advise to quit habit



Secondary management  
1. Referral to CHC/District hospital



Follow-up by MO





Complaint



Loose teeth



Oral Examination



Observation



Management



Secondary management

1. Referral to CHC/District hospital



Follow-up by MO





# Complaint



Swollen gums



# Oral Examination



# Management



- 1. History may reveal use of Antihypertensive/antiepileptic drug usage.
- 2. Advice alternative medication
- 3. Recommend use of mouthwash.



Secondary management  
1. Referral to CHC/District hospital



Follow-up by MO



### Complaint



Pain in the posterior most region of tooth



### Oral Examination



- 1. Erupting third molars
- 2. Overgrowth of gum on the tooth



### Management



Primary management



- 1. Recommend use of mouthwash.
- 2. Use of analgesics in case of pain



Secondary management

- 1. Referral to CHC/District hospital

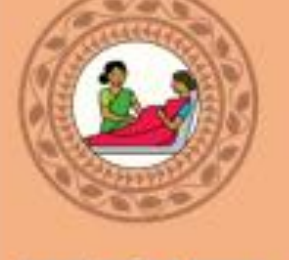


Before



After





# Complaint



Swelling in any particular area of gums



# Oral Examination



# Management



Primary management

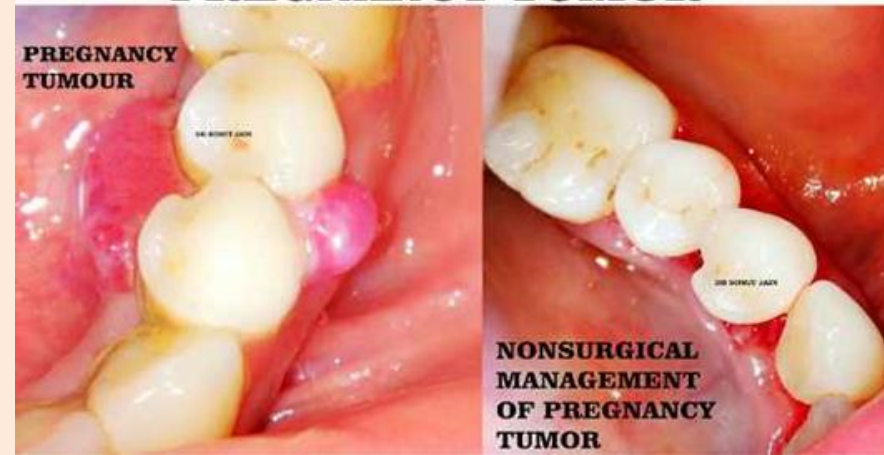


1. Evaluate pregnancy status.
2. Offer reassurance
3. Oral hygiene instructions.
4. Recommend use of mouthwash.



Secondary management

1. Referral to CHC/District hospital







# ROLE OF MEDICAL OFFICERS IN MANAGEMENT OF PERIODONTAL DISEASE

1. Identify the disease condition



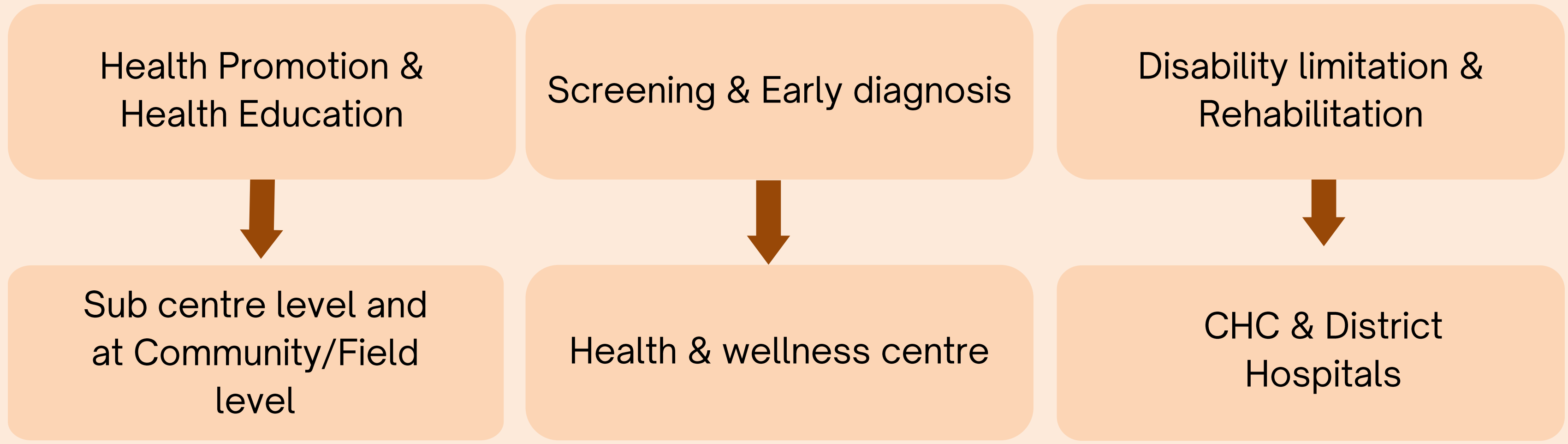
2. Primary management



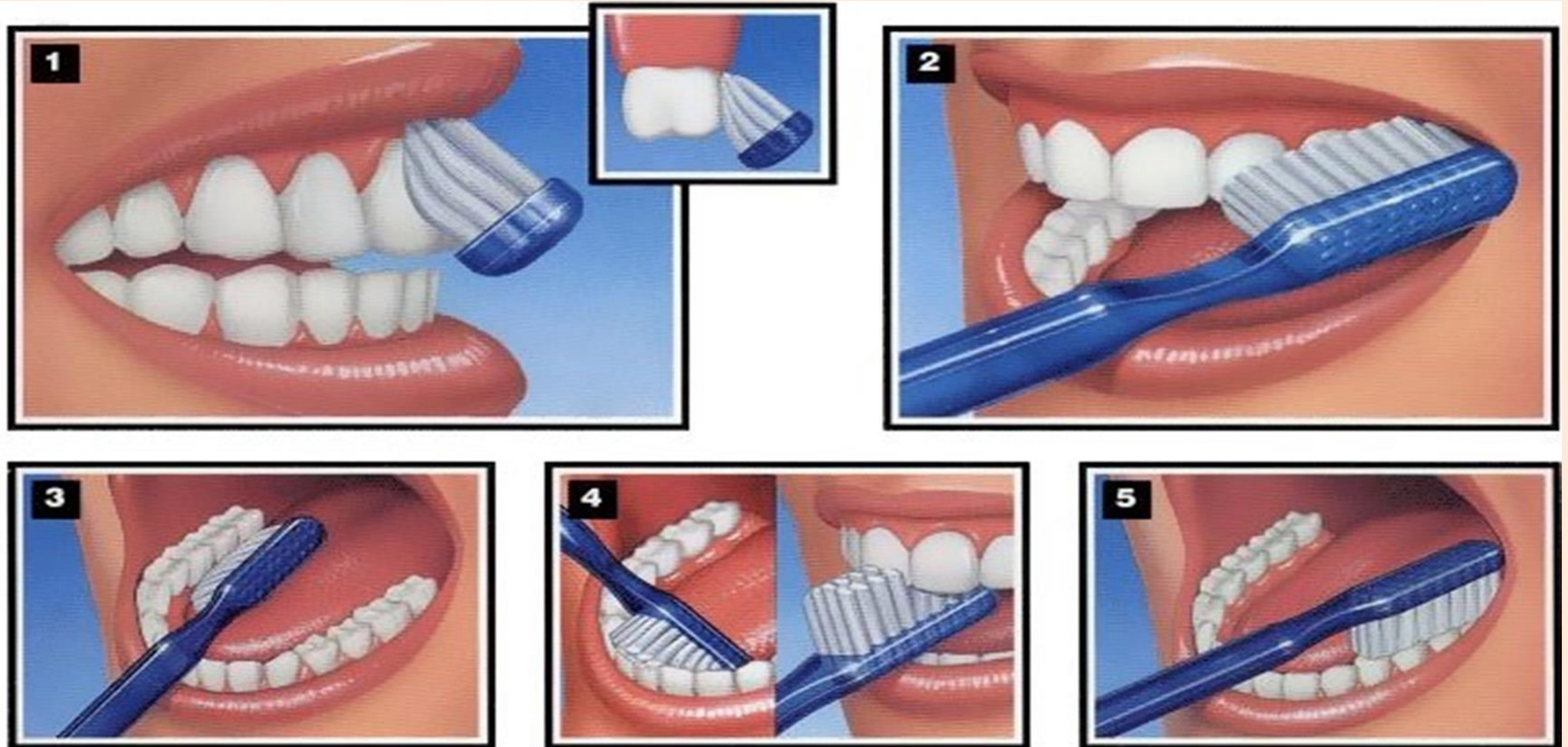
3. Referral to CHC/District hospital.



# LEVELS OF PREVENTION OF DISEASE



# PREVENTION OF PERIODONTAL DISEASES





# BRUSH TEETH PROPERLY



1. Place the toothbrush against your gum line at a 45-degree angle. This angle makes sure that you are fully reaching the gum line as well as the tooth surface. Move the brush back and forth gently in short, tooth-wide strokes.



2. Brush the outer tooth surfaces, keeping the toothbrush at a 45-degree angle to the gums.



3. Brush the inner tooth surfaces.



4. Brush the chewing surfaces.



5. Use the top part of the brush to clean the inside surface of the top and bottom front teeth. Use a gentle up-and-down motion.



6. Brush your tongue to remove bacteria which may help freshen your breath.



# PREVENTION OF PERIODONTAL DISEASES



Brushing





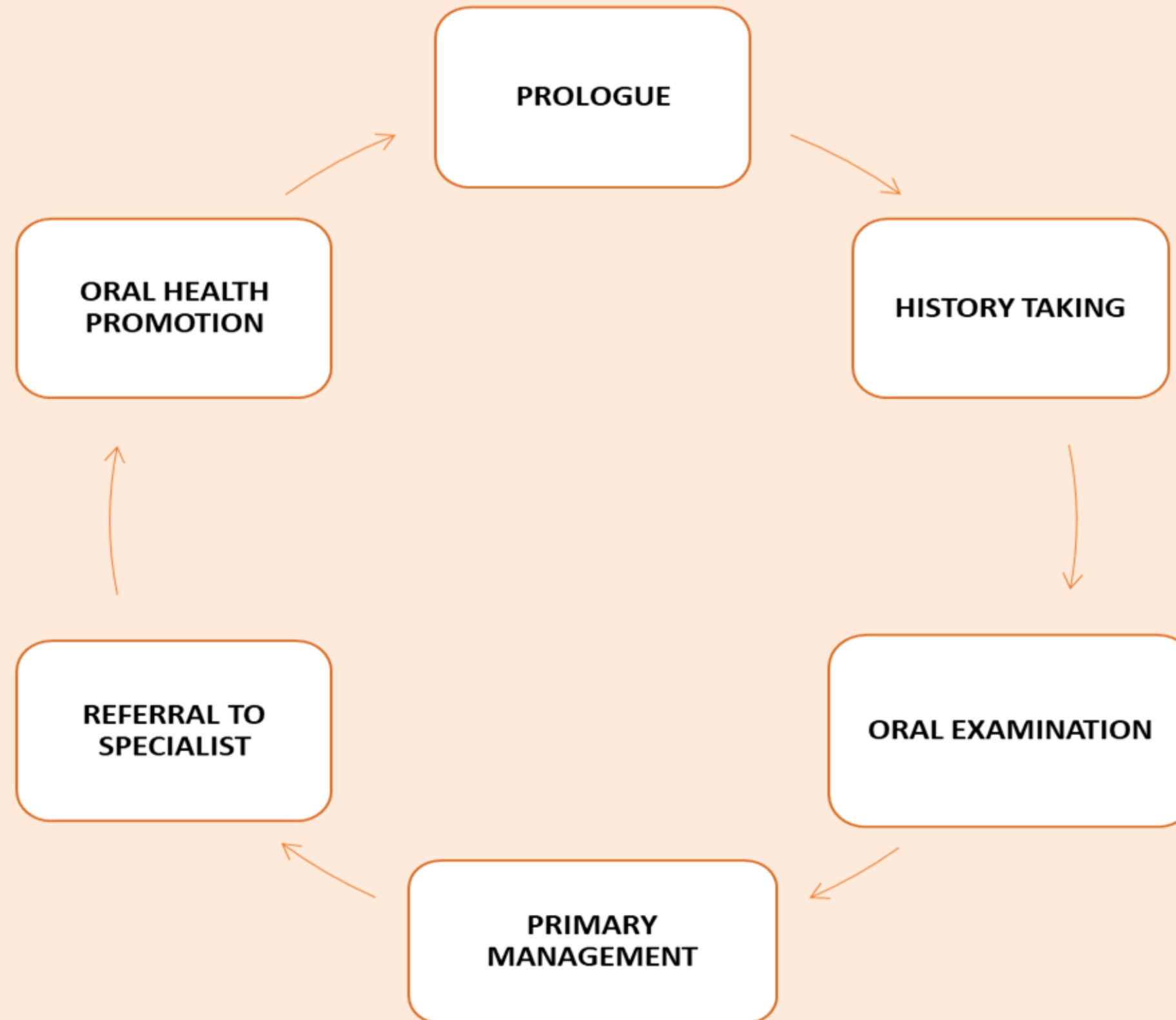
# PREVENTION OF PERIODONTAL DISEASES





# SUMMARY:

We summarize from the above presentation that, we have discussed





# Thank You

